

5.5 The Substitution Rule for Integration

The Substitution Rule: If $u = g(x)$ is a differentiable function whose range is on interval I and f is continuous on I , then

$$\int f(g(x))g'(x)dx = \int f(u)du$$

Procedure:

1. Given an indefinite integral involving a composite function $f(g(x))$, identify an inner function $u = g(x)$ such that a constant multiple of $g'(x)$ appears in the integrand.
2. Substitute $u = g(x)$ and $du = g'(x)$ in the integral.
3. Evaluate the new indefinite integral with respect to u .
4. Write the result in terms of x using $u = g(x)$. (In other words, back substitute.)

Example: Find the integrals:

a) $\int (\cos^3 x \sin x) dx$

let $u = \cos(x)$

then $du = -\sin(x)dx \rightarrow -du = dx$

then substitute u^3 for $\cos^3(x)$ and $-du$ for dx

$$\int u^3 \cdot -du = -\int u^3 du = -\frac{u^4}{4} + C$$

Now back substitute.

$$\int (\cos^3 x \sin x) dx = -\frac{\cos^4(x)}{4} + C$$

b) $\int 10e^{10x} dx \rightarrow \int e^{10x} \cdot 10 dx$

let $u = 10^x$

then $du = 10 dx$

then substitute e^u for e^{10x} and du for $10 dx$

$$\int e^u du = e^u + C$$

Now back substitute.

$$\int 10e^{10x} dx = e^{10x} + C$$

Sometimes the choice for a **u-substitution** is not so obvious. The next example illustrates this.

Example: Find $\int \frac{x}{\sqrt{x+1}} dx$

Let $u = x+1 \Rightarrow u - 1 = x$

$du = dx$.

$$\int \frac{x}{\sqrt{x+1}} dx = \int \frac{u-1}{\sqrt{u}} du = \int \left(\frac{u}{\sqrt{u}} - \frac{1}{\sqrt{u}} \right) du = \int \left(\sqrt{u} - \frac{1}{\sqrt{u}} \right) du = \int \left(u^{\frac{1}{2}} - u^{-\frac{1}{2}} \right) du = \frac{2u^{\frac{3}{2}}}{3} - 2u^{\frac{1}{2}} + C$$

Now back substitute, $u = x + 1 \Rightarrow \frac{2(x+1)^{\frac{3}{2}}}{3} - 2(x+1)^{\frac{1}{2}} + C$

Example: Find $\int \sqrt{1+x^2} \cdot x^5 dx$ Write x^5 as $x^4 \cdot x$ and let $u = 1 + x^2$

$$du = 2x dx \text{ and } \frac{1}{2} du = x dx$$

Also notice that $x^2 = u - 1$ which can also be written as $(x^2)^2 = (u - 1)^2 \Rightarrow x^4 = (u - 1)^2$

$$\text{Therefore, } \int \sqrt{1+x^2} \cdot x^5 dx = \int \sqrt{1+x^2} \cdot x^4 \cdot x dx$$

$$= \int \sqrt{u} \cdot (u - 1)^2 \cdot \frac{1}{2} du \text{ Move the constant } \frac{1}{2} \text{ to the outside and expand the binomial.}$$

$$= \frac{1}{2} \int u^{\frac{1}{2}} \cdot (u^2 - 2u + 1) du = \frac{1}{2} \int (u^{\frac{5}{2}} - 2u^{\frac{3}{2}} + u^{\frac{1}{2}}) du$$

$$= \frac{1}{2} \left(\frac{2}{7} u^{\frac{7}{2}} - 2 \cdot \frac{2}{5} u^{\frac{5}{2}} + \frac{2}{3} u^{\frac{3}{2}} \right) + C \text{ or } \frac{1}{7} u^{\frac{7}{2}} - \frac{2}{5} u^{\frac{5}{2}} + \frac{1}{3} u^{\frac{3}{2}} + C \text{ (back substitute)}$$

$$= \frac{1}{7} (1+x^2)^{\frac{7}{2}} - \frac{2}{5} (1+x^2)^{\frac{5}{2}} + \frac{1}{3} (1+x^2)^{\frac{3}{2}} + C$$

When evaluating a **definite** integral by substitution, back substitution is not necessary. We change the limits of integration when the variable is changed.

The Substitution Rule for Definite Integrals: If $g'(x)$ is continuous on $[a, b]$ and f is continuous on the range of $u = g(x)$, then

$$\int_a^b f(g(x))g'(x)dx = \int_{g(a)}^{g(b)} f(u)du$$

Example: Evaluate the following integrals.

a) $\int_0^4 \frac{x}{x^2+1} dx$

let $u = x^2 + 1$ then $du = 2x dx \Rightarrow \frac{1}{2} du = x dx$

Now change the limits of integration:

$$x = 0 \Rightarrow u = 1$$

$$x = 4 \Rightarrow u = 17$$

This gives us:

$$\int_0^4 \frac{x}{x^2+1} dx = \int_1^{17} \frac{\frac{1}{2} du}{u} = \frac{1}{2} \int_1^{17} \frac{du}{u} =$$

$$\frac{1}{2} (\ln u) \Big|_1^{17} = \frac{1}{2} (\ln(17) - \ln(1)) =$$

$$\frac{1}{2} \ln(17)$$

b) $\int_0^{\frac{\pi}{2}} (\sin^4(x) \cos(x)) dx$

let $u = \sin(x)$ then $du = \cos(x) dx$

Now change the limits of integration:

$$x = 0 \Rightarrow u = \sin(0) = 0$$

$$x = \frac{\pi}{2} \Rightarrow u = \sin\left(\frac{\pi}{2}\right) = 1$$

This gives us:

$$\int_0^{\frac{\pi}{2}} \sin^4(x) \cos(x) dx = \int_0^1 u^4 du =$$

$$\frac{u^5}{5} \Big|_0^1 =$$

$$\frac{1}{5}$$